

Oct/Nov/Dec 2011 FREE Classes

PLEASE NOTE: Free classes are for new clients only

You will receive a 15% discount on any 10 or 20 session

Large Group package that you purchase after attending your free class.

Oct	27	Thursday	Gentle Yoga	5:45pm
Oct	29	Saturday	Cycle	9:40am
Nov	1	Tuesday	Yoga Basics	5:45pm
Nov	7	Monday	Mat Pilates	5:30pm
Nov	12	Saturday	Mat Pilates	8:30am
Nov	15	Tuesday	Yoga Basics	5:45pm
Nov	30	Wednesday	Mat Pilates	5:30pm
Dec	4	Sunday	Hula Hooping	5:00pm
Dec	6	Tuesday	Tai Chi	10:00am
Dec	10	Saturday	Mat Pilates	8:30am
Dec	15	Thursday	Gentle Yoga	5:45pm

Sign up on our [online scheduler](#) or
call the studio to reserve a spot.

317-257-(MIND) 6463